



by Helen Peterson

Can I share a little secret with you, readers?

I've kept this morsel of information under wraps for a couple years now, but I think it's time to flip the lid off one of the best things going at the annual **EAT! Vancouver** consumer show, held May 23 to 25 at B.C. Place Stadium.

The exhibitors have gone to the dogs (and cats), literally! As well as the usual fine selection of samples and demos—new food products, beverages, info. on kitchen utilities, travel escapes, you name it—**EAT! Vancouver** has a wealth of sampling, and product knowledge, for pet owners.

The ever-growing pet zone features manufacturers and distributors of some of the finest lines of natural and organic pet foods and assorted health products for your cat or dog. Exhibitors' booths are stocked full of little bags of dried food and sometimes even cans of wet food, too. And they'll let you take the samples home, free of charge.

Now, if you have a slightly "sensitive-tummied" and finicky animal like my 10-year-old pussycat, Trisket, then this show is where you'll find all the answers. Here are some examples:

- Petcurean's line **now!** is grain free and contains hormone-free fresh meat, healthy

fruits and vegetables and protein. Try turkey with duck for dogs — they'll love it. (Trisket recommends the senior/weight management formula with turkey, fruit and veg for a cat's dry kibble requirements). Made in Canada, too.

- Is your dog wanting a healthy snack now and then? **Kali Wags** are made from organically certified beef and eggs, veggies and fruit and whole grains. Owner Dawn Farrow's puppy Kali was the inspiration behind these filler-free delicacies.

- For all-around product info., visit the **Lucid Distributors** booth. Michael Harrison and his team can share their vast knowledge of health products for pets—foods, supplements, treats and accessories, too.

- **Holistic Blend** offers up a Seagreens Powder for you to add to your dog's dietary needs. It contains 21 amino acids, 19 vitamins, 60 trace minerals, probiotics and enzymes. Your dog's health, vitality and energy will be enhanced along with a sleeker, shinier coat. Not too ruff!

- Environmentally friendly, 100 per cent flushable, silica-free cat litter is finally here. **LitterMate's** line is made from waxy, hull-less barley, and it's also clumpable, bio-degradable, compostable and is non-toxic and odour controlling. Your cat will spend more time in the loo than Paris Hilton!

Go to [eat-vancouver.com](http://eat-vancouver.com) for ticket info. and more show details.